

2018 Weekly Winter Workouts

Location: Avera Sports Center

209 W Anchor Lane, Sioux Falls

K - 2nd Grade Skills

Sundays, 1:00 - 2:00pm (Jan. 14th, 21st, 28th, Feb. 11th, 18th, 25th)

Cost: \$99 w/a Hoodie

3rd - 5th Combo Workout

Sundays, 2:15 – 3:45pm (Jan. 14th, 21st, 28th, Feb. 11th, 18th, 25th)

Cost: \$159 w/ a Hoodie

6th - 8th Combo Workout

Sundays, 4:00 - 5:30pm (Jan. 14th, 21st, 28th, Feb. 11th, 18th, 25th)

Cost: \$159 w/a Hoodie

K – 2nd Grade athletes will be taught the foundational skills of ball handling, shooting, and passing in a structured setting that encourages working hard and listening.

Combo workouts combine Advanced Offensive Skills and Shooting and Scoring Workouts. Athletes will be challenged with advanced ball handling concepts and elite shooting and finishing drills each week.

To Register for Weekly Workouts

Visit our website at <u>www.WarwickWorkouts.com</u>
Find your camp under the <u>REGISTER HERE</u> tab.

Payment can be accepted at the time of registration.

For more information on Weekly Workouts contact Kris (605) 391-6700 or warwickworkouts@gmail.com

The Ultimate Camp Experience



